



2020-2021 PRACTICE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEA SERPENTS		5-6PM		5-6PM	
CALYPSO	5-630PM		5-630PM		
HYDRAS	630-830PM		630-830PM		
TUMBLING 1					5-6:15PM
TUMBLING 2					6:15-7:30PM
TUMBLING 3					7:30-8:45PM
SOLO/DUO/STUNT		7-8:30 PM		7-8:30 PM	
JUMPS 2X MONTH				6-7PM	
FLEXIBILITY		6-7 PM			
CHEER COND 2X MONTH				6-7 PM	
STUNTING TECH		6-7 PM			

FOR CLASSES OFFERED 2X PER MONTH, THEY WILL ALTERNATE. DATES OF CLASSES WILL BE REFLECTED ON OUR MONTHLY CALENDARS BEGINNING IN AUGUST. SATURDAYS ARE NOT REFLECTED ON THIS SCHEDULE. WE WILL ALWAYS OFFER OPEN GYMS AND PRIVATE LESSONS ON SATURDAYS.

OPEN GYMS: \$5 PER ATHLETE (NOT INCLUDED IN MONTHLY TUITION)

PRIVATE LESSONS: \$40 PER ATHLETE FOR 45 MIN SESSIONS: 15 MIN WARM UP/30 MIN HANDS ON COACHING